

## **Mountainside Athletic Information**

**Sports are available to both boys and girls in 6th, 7th, and 8th grades.**

### **1st Quarter:**

**Girls Volleyball, Boys Baseball**

Practices begin Aug. 7

Last day to register is Aug. 21

### **2nd Quarter:**

**Girls Softball, Girls Soccer, Cheer, Boys Soccer, Boys Basketball**

Practices begin Oct. 16

Last day to register is Oct. 30

### **3rd Quarter:**

**Cross Country, Girls Basketball, Flag Football**

Practices begin Jan. 8

Last day to register is Jan. 22

### **4th Quarter:**

**Track and Field**

Practices begin Mar. 15

Last day to register is Apr. 1

## **Requirements for Participation**

- All paperwork at [www.registermyathlete.com](http://www.registermyathlete.com). Must be approved by school before practicing.
- Must complete proper paperwork and have a current physical on the 23-24 AIA physical form. For the current school year, physicals must be dated after March 1, 2023.
- Fees must be paid before participating. May pay with cash or check in the front office. If you pay online, email a copy of the receipt to [kbrauer@susd.org](mailto:kbrauer@susd.org) or bring a copy of the receipt to the front office.
- *All fees are non-refundable.*
- Cross country and track and field – one-time fee of \$75
- Cheer – one-time fee of \$60
- All other sports – \$60 fee for Tier 1

## **Practices**

- Monday through Thursday (no practice on early release days)
- After school until 4:15 or 4:30 depending on sport (coaches will communicate end times)
- Please pick up your child promptly after practice concludes in the west parking lot.

- Bring appropriate clothing and equipment for practices.

### **Tier 1**

- Begins after the start of each quarter (see dates above)
- First 4-5 weeks of each season
- Athletes learn and work on fundamental skills
- Athletes will receive a festival t-shirt that is to be worn at the festival – athletes may keep these t-shirts.
- Saturday Festival at the end of Tier 1 – athletes showcase what they have learned as they play games against some of the other schools in our district.

### **Tier 2**

- Competitive portion of the season – begins Monday after the festival.
- Athletes chosen from Tier 1 make up a Varsity and Junior Varsity team. Varsity can be 6th/7th/8th graders and J.V. can be 6th/7th graders.
- Additional fee of \$30 (non-refundable) – due before the first game.
- Athletes will receive a school uniform to wear for games – this uniform must be returned at the end of the season or a fine may be placed on the athlete's student account.
- Games begin at 4:00 (JV begins at 4:00 with Varsity immediately after)
- On game days, athletes must be at school at least 50% of the school day to be eligible to play.

### **Academics**

- Must have above a 2.0 GPA and no F's to be eligible to compete in Tier 2 games.
- Grade checks will be done throughout the season.

Looking forward to an exciting year of sports!

Timothy Buckley

Mountainside Athletic Director

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